Shaking up the family

The latest Canadian census shows the nuclear family may be going the way of the dinosaurs

PAGES 2, 6-7

Pretty in punk

Anti-establishment designer Vivienne Westwood tones it down with feminine florals at London Fashion Week PAGE 12

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Stadium concept unveiled

Evraz Place site. Riders' new 33,000-seat home will feature a sunken bowl configuration

ROB BROWN
Metro in Regina

The City of Regina unveiled plans Wednesday for a new 33,000-seat stadium and more than 20 years of future neighbourhood revitalization.

Deputy city manager and chief financial officer Brent Sjoberg outlined basic concept plans while also revealing a website, reginarevitalization.ca, where the public can learn more about the longer-term aspects of the project.

"There is a lot of information and we want to make sure people understand how all the pieces fit together," he said. Sjoberg outlined three parts to the Regina Revitalization Initiative: renewal of Regina's railyard area and of the stadium, and creation of a new Taylor Field neighbourhood.

Sjoberg said some of this was right around the corner, while other plans were years away from reality. "We plan to demolish Mosaic in 2017-18," he said.

A view of the concept for the new stadium, looking toward the city.
REGINA REVITALIZATION INITIATIVE

Concept details

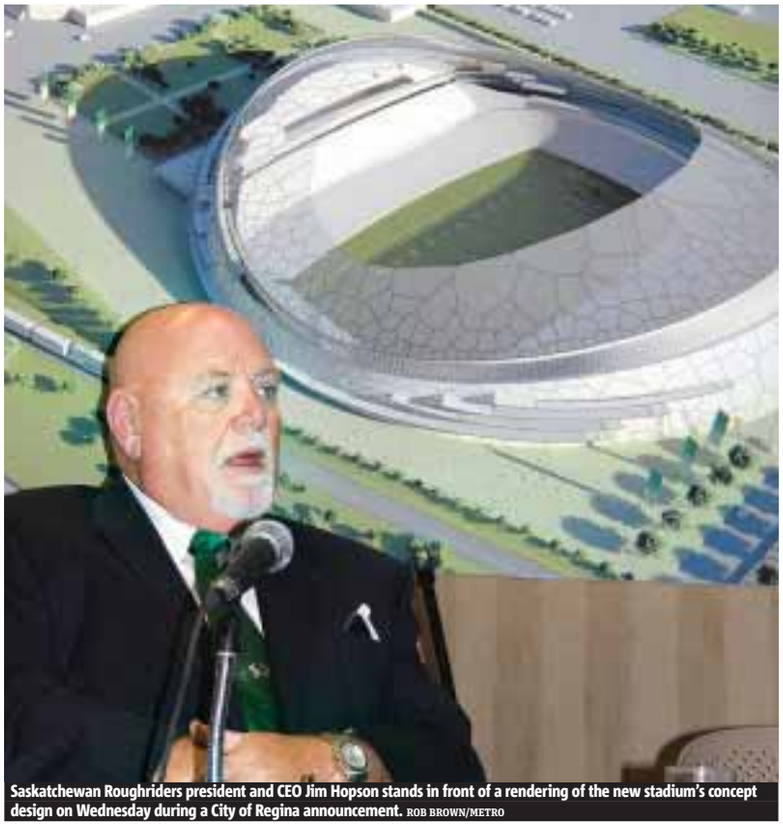
- The stadium-seating concept means fans will be closer to the action, and that fewer fans will be seated in the end zones.
- Large concourses with field views are planned. Restaurants, lounges, party decks and suites will also be included.
- The early cost estimate is $278 million.
- The Riders plan on being in the new stadium for the 2017 football season.

He also said that requests for qualifications and then proposals for stadium construction would take until November 2013.

Evraz Place vice-president Neil Donnelly said he expected the new stadium would have parking for 3,000 cars.

Concept designer Dipesh Patel said the Evraz Place site was ideal for the stadium. "There are good connections to the site. It looks to the city, it looks to the region."

To see more concept design images, visit metronews.ca



Saskatchewan Roughriders president and CEO Jim Hopson stands in front of a rendering of the new stadium's concept design on Wednesday during a City of Regina announcement. ROB BROWN/METRO

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NEWS 1

Single fathers on the rise in Saskatchewan

A dad's take. One man says if it wasn't for his support network, being a single father would be a 'nightmare'

JANE CAULFIELD
jane.caulfield@metronews.ca

According to census data released yesterday, the number of single-parent families in Saskatchewan is on the rise — with a significant increase in the number of single fathers.

Comedian and single dad Jayden Pfifer, 32, calls it "the delicate dance" — ex-partners trying work together to accommodate both their kids' and their own schedules.

"There are a lot of mundane challenges of being a single father," says Pfifer. "Like scheduling. But you get used to it really quickly," he says.

Pfifer, who resides in Regina, is one of the 10,610 single dads in the province — an increase of nearly 15 per cent since 2006, the last time the census was taken.

The report indicates that the number of single-parent families grew 6.7 per cent, representing 16.4 per cent of families in Saskatchewan. The national average is 16.3 per cent, up 5.5 per cent from 2006.

James Deck, from Saskatoon, says that he relies on help from others.

"If I didn't have a good support network — if I didn't have a good family, I imagine it would be a nightmare," says Deck.

WITH FILES FROM CARRIE-MAY SIGGINS

Time apart

Toughest part of being a single dad

The biggest challenge for James Deck and Jayden Pfifer as single dads is not being able to see their children whenever they want.

"When you're married, you're at home with your family.

"But (when you're single,) when it's not your time to have him, it's not your time. You don't get to see your son," says Pfifer.

However, he says it's all worth it.

"In the end I have this amazing kid that I get to spend tons of time with and that is worth any extra struggle."

METRO

University of Saskatchewan professor receives prestigious award

Dr. Charles M. (Red) Williams, professor emeritus at the University of Saskatchewan's department of animal and poultry science, receives the Queen Elizabeth II Diamond Jubilee Medal on Wednesday from Lt.-Gov. Vaughn Solomon Schofield at the Delta Bessborough hotel. Williams was honoured for his service in the agricultural community, not only in Saskatchewan, but across Canada and internationally with his many development projects.

MORGAN MODJESKI/METRO

Mobile news

Qriket

Watch three filmmakers journey into hell. Scan the code to see "mind-boggling" footage of a lava-spewing volcano.

Deal. Agreement puts spotlight on aboriginal children in foster care

A letter of understanding has been signed between the Federation of Saskatchewan Indian Nations and the province's children's advocate to deal with a high number of aboriginal children in foster homes.

Part of the agreement involves keeping families together, as well as allowing relatives to have more contact with foster children.

The federation says it will continue to push the province to boost support to families on reserves that need help.

The letter of understanding comes after a review panel recommended in 2010 that fundamental changes be made to the foster-care system.

THE CANADIAN PRESS/
WITH FILES FROM CJLR/CBC

Investigation

Speed, alcohol behind crash: Cops

Excessive alcohol and speed are thought to be the cause of a highway fatality near La Loche, Sask., police said.

On Sept. 18, RCMP responded to report of a single-vehicle rollover three kilometres north of La Loche.

A blue Chevy Cavalier was travelling southbound when it rolled over into a ditch. The driver of the Cavalier died as a result of the rollover. METRO

Speeding. Police, province launch safety blitz after highway worker killed

The RCMP and Saskatchewan government are trying to put the brakes on speeders in construction zones after a young worker was killed.

Highways Minister Don McMorris says Mounties will begin traffic-enforcement blitzes in the busiest orange zones.

It is expected to cost about $15,000 in overtime for officers until the end of this construction season.

McMorris says about 175 tickets are issued each year in orange zones, but he adds more needs to be done to address the issue of speeding.

An 18-year-old woman who was working as a flag person was hit by an SUV in a construction zone last month.

THE CANADIAN PRESS

Mapping out Mars: Sask. man keeps his eye on the red planet

Following the water. Regina geologist and civil engineer asked to look for signs of life on the red planet

ROB BROWN
Metro in Regina

A Regina man has surveyed across Canada, every continent and beyond — in fact, he's had a hand in looking for life on Mars.

Jack Mollard, 88, a civil engineer and geologist, has more than 65 years of engineering, geological, satellite image interpretation, and terrain mapping experience. By the mid-1990s he found himself interpreting pictures of the red planet.

"I was initially asked to see if there was life on Mars, or if there were indications of life on Mars. It's still a big thing now," he says, referencing the Aug. 6 landing of the Mars rover Curiosity.

Mollard says his work with the United States Geological Survey (USGS) and NASA came about by happenstance.

"I put together an atlas in the '70s of 680 3D air photos of Earth landforms for an interpretation manual," he said.

"Someone in the USGS in Virginia got ahold of it, gave me a call and we started trading pictures."

When Mollard began looking for life on Mars, he took an Earthly approach.

"You follow the water. I started looking for evidence of water. Now it is a cold desert planet, but it wasn't always," he says, adding Mars' topography dwarfs Earth's when it comes to sizes of peaks and valleys.

"You could lose 10 or more Grand Canyons in this valley," he says motioning to a map of Mars in his office in downtown Regina.

He says a few phone calls were exchanged between his office, USGS and NASA earlier this summer when Curiosity landed on Mars.

Anybody out there?

Mollard says he has an answer to the question David Bowie has been asking since the '70s — is there life on Mars?

- "Perhaps, four billion years ago. When it may have been warmer and wetter," he says.

Jack Mollard works through thousands of maps and photos in his Regina office. His work examining air photos of landforms on Earth led to his being called by the USGS and NASA to help look for life on Mars. ROB BROWN/METRO

In the running

Let the races begin! Election nominations close

As of 4 p.m. yesterday, nominations for the 2012 civic election officially closed.

Three candidates are listed as running for mayor: Don Atchison (incumbent), Tom Wolf and Clay Mazurkewich.

There are also a number of candidates running in each of the 10 wards. Wards 6, 7 and 8 each have the highest number of candidates running in the race, each with four.

Election day is Oct. 24.

For a full list of candidates, go to metronews.ca.

JANE CAULFIELD/METRO

For more local news visit metronews.ca

Cellmate found dead

Accused in prison death makes first court appearance

Dallas Bird, the 24-year-old charged with second-degree murder in the death of his cellmate, made his first appearance in provincial court Wednesday morning, where he was read the charge against him.

Bird was arrested Tuesday morning from the Saskatoon Provincial Correctional Centre after Friday's autopsy on the body of 28-year-old Elvis Percy Lachance confirmed foul play.

Police were called to the correctional centre on Sept. 13 after Lachance, also known as Elvis Yee, was found dead in his cell. He and Bird were cellmates at the time of his death.

Bird will remain in custody until his second court appearance Friday. METRO

Industry troubles

Pork industry may need direct government cash: Sask. group

Prairie farm groups are calling for help for the struggling hog industry.

Manitoba's Keystone Agriculture producers is seeking $130 million in government loan guarantees.

But the Agricultural Producers Association of Saskatchewan says the industry may need some direct government cash to stay in business.

Saskatchewan-based Big Sky Farms, Canada's second-largest hog producer, filed for bankruptcy last week because of low prices and rising costs.

Manitoba's third-largest hog producer, Puratone, has filed for bankruptcy protection. THE CANADIAN PRESS

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Cheeky Charlie spooks France

Nation on alert. Mag's crude, lewd drawings of Muhammad force French to step up security at embassies across Muslim world

A feisty French satirical weekly forced France to step up security at its embassies across the Muslim world on Wednesday.

The paper, Charlie Hebdo brazenly revived a formula it has already used to capture attention: Publishing crude, lewd caricatures of Islam's Prophet Muhammad.

Wednesday's issue sparked concerns that France could face violent protests like the ones targeting the U.S. over a film produced in California that have left at least 30 people dead.

The Charlie Hebdo drawings — some depicted Muhammad naked and in demeaning or pornographic poses — were met with a swift rebuke by the French government.

The principle of freedom of expression "must not be infringed,'' Foreign Minister Laurent Fabius said on French radio. But he added: "Is it pertinent, intelligent, in this context to pour oil on the fire? The answer is no.''

France ordered its embassies, cultural centres, schools and other official sites to close on Friday — the Muslim holy day — in 20 countries.

It also immediately shut down its embassy and the French school in Tunisia, the site of deadly protests at the U.S. Embassy last week.

Riot police took up positions outside the magazine's offices, which were firebombed last year after it released an edition that mocked radical Islam.

Anger over the film Innocence of Muslims has fuelled violent protests from Asia to Africa. In the Lebanese port city of Tyre, tens of thousands of people marched in the streets Wednesday, chanting: "Oh, America, you are God's enemy!"

THE ASSOCIATED PRESS

Pakistan embroiled in worldwide protests: A Pakistani lawyer helps a colleague who fell during a scuffle with police in an Islamabad demonstration on Wednesday. The demonstration followed three days of violence in Pakistan sparked by a U.S.-made anti-Islam video. ANJUM NAVEED/THE ASSOCIATED PRESS

Actress sues

First, riots... and now a lawsuit

An actress who appears in the anti-Muslim film that has sparked riots across the world is suing the filmmaker for fraud and slander.

Cindy Lee Garcia's lawsuit also targets Google in a bid to get the movie's trailer removed online.

The lawsuit filed Wednesday in Los Angeles claims the actress was duped by Nakoula Basseley Nakoula, the man behind Innocence of Muslims who has been forced into hiding.

The lawsuit says Garcia responded to an ad and thought she was appearing in an ancient Egyptian adventure film.

"The film is vile and reprehensible,'' Garcia's attorney, M. Cris Armenta, wrote in the document.

The film portrays the Prophet as a fraud, womanizer and child molester.

THE ASSOCIATED PRESS

Soldier thrown away 'like a tissue paper,' panel told

A former soldier says the military failed to keep a close enough eye on a suicidal Afghan vet the day he killed himself.

Kirk Lackie testified Wednesday at the Military Police Complaints Commission inquiry into Cpl. Stuart Langridge's death.

The inquiry was called following complaints from Langridge's family that the investigations into his suicide were botched. "The truth has not been told," Lackie said at the close of an emotional testimony.

Lackie said everyone on the base knew about Langridge's struggles with addiction, but dismissed them.

"There's a saying: The army uses you like a tissue paper," Lackie said.

"As soon as they're finished with you, like a tissue paper they throw you away.

"And Stu, was to them, a really dirty tissue paper.

"They threw him away, but they just didn't want to throw him away, they wanted to scoop him under the carpet."

Langridge had been placed on a suicide watch and someone was supposed to check on him roughly every 30 minutes.

That wasn't what the logbook showed, Lackie said.

Langridge was found hanging at Canadian Forces Base Edmonton in March 2008.

Lackie was released from the military in 2010.

Over those years, he testified, he tried to tell military personnel what happened the day of Langridge's death but no one ever contacted him.

He was finally interviewed last week.

THE CANADIAN PRESS

Quoted

"I want Stu's ma and everybody to know the truth."

Kirk Lackie,
testifying in Ottawa on Wednesday.

Veteran Kirk Lackie testifies Wednesday. The Crown opposed his appearance on the stand because of a series of run-ins with the law.
SEAN KILPATRICK/THE CANADIAN PRESS

Scholars in a tizzy. Did Jesus have a wife ... or maybe a female disciple?

Was Jesus Christ married? Is a scrap of papyrus suggesting he had a wife authentic?

The questions were talking points among scholars — not to mention ordinary folk — on Wednesday.

Scholars questioned the authenticity and significance of a discovery by a Harvard scholar who reported that a fourth-century fragment of papyrus provided the first evidence that some early Christians believed Jesus was married.

Karen King, a professor at Harvard Divinity School, announced the finding Tuesday at an international congress on Coptic studies in Rome.

Is it a forgery?

The fragment of papyrus is tiny, measuring four centimetres by eight centimetres, about the size of a small cellphone.

- **Named.** The text, written in Coptic, contains a dialogue in which Jesus refers to "my wife," whom he identifies as Mary.

Coptic linguist Wolf-Peter Funk said there were "thousands of scraps of papyrus where you find crazy things."

THE ASSOCIATED PRESS

Bliss in Berkeley

A landmark day for bisexuals

Berkeley, Calif., has become what is thought to be the first U.S. city to officially proclaim a day recognizing bisexuals.

The city council unanimously declared Sept. 23 as Bisexual Pride and Bi Visibility Day.

Since 1999, bisexuals have claimed the date, and bisexual-pride events are held in Los Angeles, Boston, Chicago and other cities.

But Berkeley is believed to be the first city that has taken the step of formally acknowledging the day.

THE ASSOCIATED PRESS

First female premier of Quebec sworn in

New leader. Marois officially becomes first woman to lead Quebec

Pauline Marois has been sworn in as the 30th premier of Quebec — and is the very first woman to hold the job in that province.

She also becomes the fifth current female premier of a Canadian province or territory.

Marois and her cabinet were officially sworn in Wednesday afternoon in Quebec City.

The daughter of a garage mechanic and a teacher, Marois has held a number of powerful political roles in a 30-year career that has seen her run most of the largest provincial ministries.

Marois had to be whisked off the stage during her victory speech when a gunman approached the assembly hall and shot two people, killing a stage technician.

Marois was held to a minority in the Sept. 4 vote; her margin of victory was less than one percentage point in the popular vote and four seats in the legislature.

That minority status makes it all but impossible for her Parti Québécois government to hold an independence referendum.

THE CANADIAN PRESS

Mandate

Marois is set to seek parts of her agenda this fall.

- **Language.** She has called tougher language laws a top priority.
- **Power.** She may also battle Ottawa for more provincial powers.

Quebec Premier Pauline Marois after being sworn in on Wednesday.
THE CANADIAN PRESS/JACQUES BOISSINOT

Election-night shooting. Accused gunman speaks out from jail hospital

The accused killer who allegedly ruined the Parti Québécois election-night celebration is speaking out from his jailhouse — just as the new government is being sworn in.

Montreal radio station CJAD reported that Richard Henry Bain phoned its newsroom from his prison infirmary on Wednesday to say that he believes the city should separate from the province.

The station say they interviewed him for half an hour, but chose to only run a brief snippet. In a clip that aired, Bain is heard sharing his view that Montreal should separate from the rest of Quebec because, in his opinion, that might help ensure greater peace between anglophones and francophones.

"My vision is that the island of Montreal separate to become its own province," Bain said.

The radio station says Bain placed the call without his lawyer's knowledge.

The businessman faces a charge of first-degree murder in connection with the shooting that took place only metres from where the PQ premier-designate Pauline Marois was giving her victory speech.

One man was killed and another was wounded.

THE CANADIAN PRESS

Jean Charest exits office

Outgoing Quebec Premier Jean Charest waves goodbye as he leaves the lieutenant-governor's office Wednesday at the legislature in Quebec City. New premier Pauline Marois was sworn in later in the afternoon. JACQUES BOISSINOT/THE CANADIAN PRESS

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Families

9.4M

Canada was home to 9,389,700 "census families" — married or common-law couples, or single parents — in 2011, 5.5 per cent more than in 2006.

Common-law couples

16.7%

For the first time, there were more common-law couples in Canada — 16.7 per cent of all census families — than single-parent families, at 16.3 per cent.

Same-sex couples

42.4%

Same-sex marriage nearly tripled as same-sex couples grew by 42.4 per cent. Same-sex common-law couples grew 15 per cent, compared with 13.8 per cent for opposite-sex common-law couples.

Single parents

8%

Single fathers grew by 16.2 per cent, compared with six per cent for single mothers, as lone-parent families grew eight per cent since 2006. Single mothers still constitute 80 per cent of single-parent families.

Stepfamilies

12.6%

Stepfamilies, counted for the first time in 2011, composed 12.6 per cent of Canada's 3.7 million couples with children. Nearly 60 per cent were "simple" stepfamilies: families in which the children are the biological or adopted offspring of only one parent.

Foster children

29.5K

The census counted 29,590 foster children aged 14 and under living in private households.

Empty nesters

44.5%

The number of couples without children at home (44.5 per cent) continued to outpace those couples with kids living at home (39.2 per cent).

Exclusively online

- Find out where Canada's highest proportions of single women and men are, the city with the largest number of same-sex marriages and more about your area on our interactive map at metronews.ca

From same-sex couples and single dads to foster kids and empty nesters, the "new normal" of the Canadian family is as diverse as the country itself, Statistics Canada reports. THE CANADIAN PRESS/TORSTAR NEWS SERVICE

GROUNDSHIFT FOR THE

2011 census. There's no such thing as a 'typical' Canadian family, a new report from Statistics Canada shows

The nuclear family is no longer the norm in Canada.

The mom-pop-and-three-kids-under-one-roof model that typified Canadian households of 50 years ago has morphed into a complex and diverse web of family ties involving living alone, remarriage, stepchildren, empty nesters and several generations sharing a home.

Statistics Canada has released the third tranche of new data from its 2011 census, this time portraying the changes in Canadian families and living arrangements over five decades.

Married couples are in a long-term decline, the number of single parents has risen and the size of families has shrunk. In 1961, the average family was 3.9 people, when the baby boom was in full swing. Now it's 2.9.

"We do see more complexity and definitely more diversity in families," Statistics Canada demographer Anne Milan said.

For the first time, Statistics Canada says there are more people living alone in Canada than there are couples with children. One-person households now make up 27.6 per cent of all homes, a three-fold increase since 1961.

Meanwhile, couples with children have continued their decline, down to 26.5 per cent of all households, from 28.5 per cent in 2006.

Just 10 years ago, couples with children under 24 years old made up 43.6 per cent of all families (not including one-person households), by far the most typical kind of family.

Now, parents with children make up just 39.2 per cent of families, and a rising proportion of those parents are not officially married.

For the first time, Statistics Canada zeroed in on children living in foster homes and blended families. In a national count of foster children, the agency revealed there were 29,590 of them under the age of 14 in 2011. A measure of the number of stepfamilies showed that one in 10 children now lives in some sort of blended family.

In 2011, the most typical family was a couple with no children, continuing a pattern spotted in 2006. Statistics Canada found that 44.5 per cent of families have no kids at home, partly reflecting the aging of the baby-boomer bulge, the leading edge of which has started turning 65.

"The modern family is changing, and I think it's a wonderful thing," said Shannon Kennedy, an Ottawa-based wedding planner who finds herself on the front lines of fluctuating living arrangements on a daily basis.

"The rules of a nuclear family just don't apply any more."

The wide variety of family ties is throwing Kennedy for a loop. Emily Post, the guru of etiquette for most of the 20th century, is no longer of much help, she said.

"You don't necessarily have two families. In some cases, you have four families coming together at a wedding.

"Any scenario where you get more than one mom involved, you have to kind of juggle that," she said with a chuckle.

"The best thing about modern weddings is, there are no rules."

THE CANADIAN PRESS

FAMILY

FAMILIES BY PROVINCE

	CENSUS FAMILIES	% MARRIED	% COMMON LAW	% LONE PARENT	AVG. # KIDS AT HOME	% PEOPLE LIVING ALONE
CANADA	9,389,700	67.3	16.7	16.3	1.8	27.6
N.L.	159,385	71.7	12.9	15.3	1.6	22.2
P.E.I.	40,850	72.7	11.3	16.1	1.7	25.1
N.S.	270,065	68.4	14.2	17.4	1.7	27.9
N.B.	224,560	67.9	16.0	16.1	1.6	26.0
QUE.	2,203,630	61.8	21.4	16.8	1.7	32.2
ONT.	3,612,205	72.1	10.9	16.1	1.8	25.2
MAN.	327,875	71.2	13.8	15.1	1.9	28.2
SASK.	285,370	71.1	12.5	16.4	1.9	27.9
ALTA.	999,530	72.8	13.0	14.3	1.8	24.7
B.C.	1,238,155	71.7	13.1	15.2	1.7	28.3
YUKON	9,330	68.4	20.1	11.4	1.7	30.7
N.W.T.	10,010	68.8	20.1	11.1	1.9	23.6
NUNAVUT	7,780	58.1	33.7	8.3	2.3	18.2

New census data from Statistics Canada prove there is no such thing as a "generic" Canadian family. The numbers have significant implications for policy makers and social scientists who design programs for foster children, stepkids, single mothers and fathers, senior citizens living alone, "boomerang kids" living with their parents and all the other variations of modern family life. THE CANADIAN PRESS

Adulthood, interrupted: 'Boomerang kids' are an ongoing trend: Census

It's the home-game grudge match of the 21st century: The baby boomers versus the boomerang kids. And the kids, it seems, are winning.

Canada's nests aren't quite as empty as they were thought to be, data from the 2011 census shows. Some 42.3 per cent of young adults aged 20 to 29 are living with their parents, down slightly from 42.5 per cent in 2006, but still well above the level of 26.9 per cent in 1981.

Christina Newberry was one of them — twice. First, when she was 21, newly graduated from university and trying to find her way in the world. Then again, eight years later, she went back to get her bearings in the midst of a divorce.

"My parents' house became a place to sort of take a chance to regroup and figure out what was next," said Newberry, a Vancouver-based author and freelance writer. "It wasn't even a financial issue, because by then I had a good job and could take care of my own bills. It was more just needing to figure out what to do next."

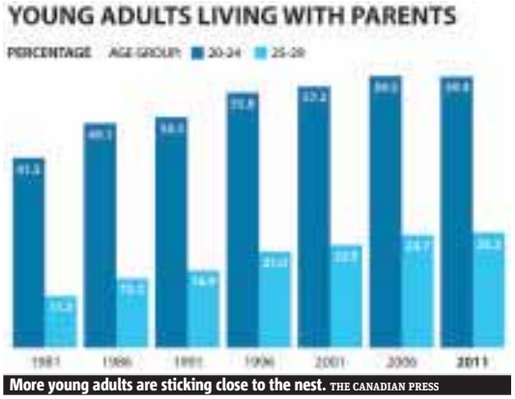
While many young adults in their early 20s stay at home while in college or university — mainly due to a lack of money — those closer to 30 who opt to return tend to do so after a traumatic moment in their lives, such as the breakup of a relationship or the loss of a job, Newberry said. They usually stay just long enough to get back on their feet.

Social attitudes toward young adults living with their parents are changing dramatically, said Rod Beaujot, a demography professor at the University of Western Ontario in London.

"There's the greater acceptability of living with parents when you're older — on the part of the parents, on the part of young people," Beaujot said.

"In the past, living at home was quite constraining on children, because they had to live under their parents' supervision. I think parents are much more open to children having their own life, including, of course, their own love lives, even if they're living at home."

THE CANADIAN PRESS



More young adults are sticking close to the nest. THE CANADIAN PRESS

Full house

The "failure-to-launch" phenomenon is alive and well in Canada, the 2011 census suggests.

- The census found 25.2 per cent of young adults between the ages of 25 and 29 living at home in 2011, up slightly from 24.7 per cent in 2006 — and more than twice the percentage in 1981.
- The number of young adults between the ages of 20 and 24 who lived with their parents remained virtually unchanged from the last census — down to 59.3 per cent in 2011 from 59.5 per cent in 2006.
- Young men are more likely than young women to live at home, Statistics Canada said. One possible reason, the agency suggested, could be because women tend to get into relationships earlier than men, so they move out sooner to start their own households.

Same-sex marriage. More gay couples exchanging wedding vows

Seven years after Ottawa gave its blessing to same-sex marriage, it's clear Canada's gay and lesbian couples have been seizing the wedding day.

Same-sex marriage nearly tripled between 2006 and 2011, while the number of same-sex couples jumped 42.4 per cent during the same five-year period, Statistics Canada says.

The agency counted 21,015 married gay and lesbian couples and another 43,560 in common-law relationships. The number is a sizable jump from the 2006 census, which counted same-sex couples for the first time and enumerated 45,350 of them — 7,465 married and 37,885 common-law.

Wider societal acceptance has likely played a role in the rising numbers, said demographer Rod Beaujot of the University of Western Ontario in London.

"It's become more acceptable for people to declare their relationships, including on the census," Beaujot said.

THE CANADIAN PRESS

Data glitch

Oops — just friends

An unexpectedly high number of same-sex marriages in places like the oilpatch left census-takers scratching their heads — until they realized many of the "couples" were only splitting the rent.

As a result, Statistics Canada said Wednesday, the agency may have overestimated by as many as 4,500 the number of same-sex married couples in parts of the country.

The agency held back some census data on gay and lesbian married couples when they realized they couldn't be certain if some people were married or just roommates.

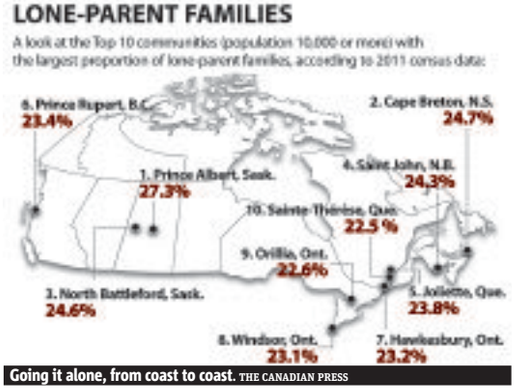
THE CANADIAN PRESS

Flying solo. Lone-parent families on rise, with more dads raising kids alone

More Canadians than ever — many of them fathers — are confronting the plight of the single parent in an age of economic uncertainty, the new census suggests.

The number of single parents jumped eight per cent between 2006 and 2011, including a 16 per cent spike in the number of single dads. Single mothers, who still constitute about 80 per cent of all single-parent families in Canada, rose by six per cent.

Lone-parent families represented 16.3 per cent of all census families in 2011, nearly twice the percentage 50 years ago. In 1961, roughly two-thirds of lone parents were widowed, and the rest were divorced or separated, with a small percentage never having been married. Now, half are either divorced or separated. THE CANADIAN PRESS


LONE-PARENT FAMILIES
A look at the Top 10 communities (population 10,000 or more) with the largest proportion of lone-parent families, according to 2011 census data:
6. Prince Rupert, B.C. 23.4%
2. Cape Breton, N.S. 24.7%
1. Prince Albert, Sask. 27.3%
4. Saint John, N.B. 24.3%
10. Sainte-Thérèse, Que. 22.5 %
9. Orillia, Ont. 22.6%
1. North Battleford, Sask. 24.6%
1. Joliette, Que. 23.8%
8. Windsor, Ont. 23.1%
7. Hawkesbury, Ont. 23.2%

Going it alone, from coast to coast. THE CANADIAN PRESS

Black-market bonanza: Canadians dodge sales tax where they can

No guilty feelings. New survey finds that only 30 per cent think it's wrong to avoid tax by paying in cash

The vast majority of Canadians pay taxes each year, but a new survey suggests they are prepared to cheat at the margins if they think they can get away with it.

The survey for H&R Block Canada found 55 per cent of respondents saying that when dealing with a contractor, they would opt to pay cash to avoid sales taxes.

And they are not feeling overly guilty about it either. Only 30 per cent said they thought the avoidance wrong. Among young Canadians aged 18-34, only 17 per cent said it was wrong to avoid paying the sales tax.

The findings don't seem to be related specifically to sales taxes, which range from a low of five per cent in Alberta to a high of 15.5 per cent in Prince Edward Island.

A majority of Canadians believe they shouldn't have to declare bartered transactions, nor do they feel workers in the service industry like waiters and bartenders should need to declare tips as income.

"I think it boils down to people feeling they pay enough tax, that they shouldn't have to pay anymore," said Cleo Hamel, a senior tax analyst with H&R Block.

Another factor may have to do with the recent introduction of the HST combining federal and provincial sales taxes in Ontario and Quebec, which increased the number of services subject to higher combined tax rates.

But Hamel said Canadians should be wary of cheating the tax man. If caught, they are liable not just for the tax, but also penalties that can double the amount owing. The government also has the option of prosecuting tax cheats.

The online survey of 1,500 adult Canadians was conducted by Leger Marketing over three days between July 30 and Aug. 1.

THE CANADIAN PRESS

Underground economy

Statistics Canada estimated the underground economy amounted to about $36 billion in 2008.

- The agency said underground activities were most prevalent in the construction industry, retail trade and accommodation and food services.
- The good news is that as a percentage of the economy, the agency said, evidence suggests underground activities declined from 2.7 per cent of gross domestic product in 1992 to 2.2 per cent in 2008.

Swiped! Groupon launches card-reader attachment

Groupon launched a new payment service Wednesday that allows businesses to run credit cards using an iPhone or iPod Touch, thus becoming the latest company to seek a portion of that growing market. It will go up against EBay Inc.'s PayPal unit and Twitter co-founder Jack Dorsey's Square, which also allow merchants to swipe credit cards on their phones using a small card-reader attachment. GROUPON

Top talent. Two-thirds of firms have trouble drawing skilled employees: Survey

A new report suggests Canadian firms are having trouble attracting skilled employees, and it may be because they are not attuned to what top talent wants.

Towers Watson says nearly two-thirds of the Canadian companies participating in an international survey said they had trouble attracting and retaining skilled and high potential employees. The professional services firm suggested companies are not offering prospective workers what they most desire — a competitive pay base and job security. Instead, employers are stressing challenging work and the organization's reputation.

The survey also found 47 per cent of Canadian respondents indicated their employees are experiencing high levels of stress at work. The international survey of 1,605 companies, which contained a Canadian component, was conducted from April to June and represented a wide range of industries. THE CANADIAN PRESS

Boob-tube bling. Sony launches $25K television

For the wealthy gadget lover who has everything, Sony will release a Canadian exclusive in time for Christmas: a new astronomically priced TV that represents the first step into a new ultra high-resolution format.

It's called 4K TV, a technology that promises four times the resolution of the HD picture consumers are now used to watching. For the price of a down payment on a condo, consumers can pick up Sony's top-of-the-line 84-inch 4K LCD TV. That's $25,000 — plus tax, of course.

Much like when plasma TVs were first released and were mostly sold to businesses or the very wealthy, Sony isn't expecting a huge rush on its new model, admits a spokesman.

THE CANADIAN PRESS

Quoted

"There's not going to be an awful lot of consumers buying this TV."

Sony spokesman Michael Neujahr

South Africa

Wage agreement ends deadly mining strike

Lonmin Platinum's 28,000 miners celebrated a wage deal Wednesday that ended a deadly strike in South Africa. At Marikana, the location of the protracted strike, thousands gathered and sang the national anthem in piercing heat. Many workers said they were happy to return to work Thursday, and glad that the strike that saw 45 people killed has finally come to an end.

THE ASSOCIATED PRESS

Forbes 400 list

Gates is still richest American

Microsoft Corp. co-founder Bill Gates remains the richest man by far on the Forbes 400 list for the 19th year running, with a net worth of $66 billion US.

Social-media moguls took the biggest hit. Zynga Inc.'s Mark Pincus and Groupon Inc.'s Eric Lefkofsky dropped off the list entirely, and Facebook's Mark Zuckerberg was the biggest dollar loser in Forbes' latest ranking of the 400 wealthiest Americans.

THE ASSOCIATED PRESS

Low-cost airline

Air Canada close to releasing new carrier details

Air Canada says it is a couple of weeks away from announcing details for a separate low-cost airline that will serve transatlantic and leisure routes in the Caribbean and the United States.

Michael Rousseau, the airline's chief financial officer, told a CIBC investment conference Wednesday that the carrier will be wholly owned by Air Canada, but carry a different name.

THE CANADIAN PRESS

Market Minute

DOLLAR 102.62¢ (+0.01¢)

TSX 12,436.16 (+13.45)

OIL $91.98 US (-$3.31)

GOLD $1,771.70 US (+$0.50)

Natural gas: $2.762 US (-1¢)
Dow Jones: 13,577.96 (+13.32)

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AN UNTAPPED MARKET: SONG SEQUELS

HE SAYS...
John Mazerolle
metronews.ca

If you're looking to make it big in the music industry, I've got just the solution.

Hard work? Talent? Originality? Excuse me while I take a drink so I can spit it out in a comedic fashion.

No, my idea will work precisely because it is so lazy and unoriginal: sequels. We need to write song sequels.

Think about it. What industry, like music, has less to do with skill and more to do with giving the mouth-breathers what they want? The movie industry, of course.

And there's no more sure a bet at the movies than a sequel. Of the top-10-grossing movies so far this year, eight were sequels, reboots or adaptations.

If the movie industry can have a huge hit with Ice Age 4, just imagine what the music industry can do with future hits like Mr. Tambourine Man 2: Electric Boogaloo. Here are a few ideas to get you started.

Song ideas 2: Seems to me I've heard this song before ...

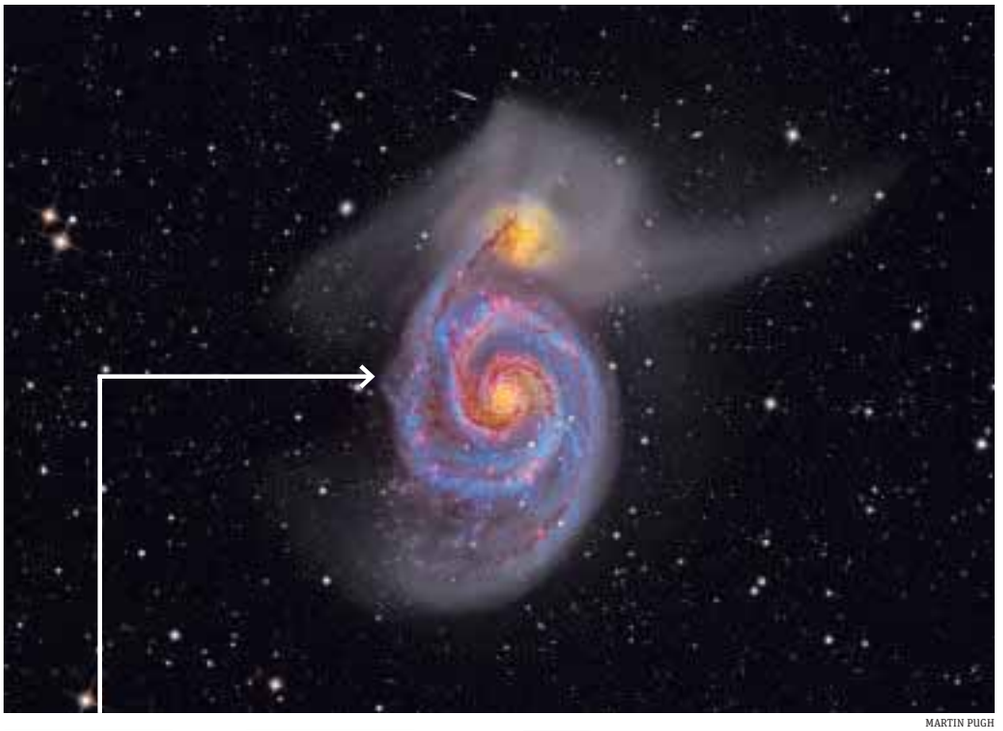
- Call Me Maybe 2: Call Me Maybe-er: In this romantic romp, a mysterious stranger gives Carly Rae Jepsen HIS number. Will she stay with Mr. Ripped Jeans, or run off with the "new guy/who makes me feel so high?" Maybe both!
- In the Year 2526: Man is still alive … but for how long?
- Psycho Killer Episode I: The Phantom Menace: In this much-anticipated prequel, we learn that the psycho killer was once a young whiny teenager who had infinite potential but was portrayed by a terrible actor. The bridge is something about a tax dispute.
- Rock and Roll Part 2, Part 2: Same as Part I, except the "Hey!" is spoken solemnly by Morgan Freeman, for a touch of gravitas.
- The Boxer 2: The Whores on Seventh Avenue: You think you know the full story, but you don't. Listen to the story of a boxer and fighter by trade, from the vantage point of the Pretty Woman who loves him! But will she "lie lie lie" to get him?
- 100 Problems: Jay-Z has no problems with his girl, but he wasn't counting on … a new baby! Feel bad for his daughter.
- Johnny Be Even Better!: Johnny is now a man and the leader of a big old band. But as people come from miles around, the theatre is slated for demolition. Can Johnny play his way out of this one?
- American Pie Crossover: Hot Cross Buns!: Don McLean sings about making love to an apple pie and grabbing the hot buns of Lady Liberty. The lyrics are cryptic, but you know what he's singin' about! (Wink!)
- Escape From The Bridge Over Troubled Water: The emotional tsunami of the original is replaced by a real tsunami. And, in the shocking climax, either Simon or Garfunkel will die (not Simon).

And there you go. If you use any of my ideas, I will be deeply honoured and flattered. Also, I will be suing for $10 million for theft of intellectual property and loss of livelihood.

So get writing!

A strategic career song for Jay-Z: 100 problems, and a baby is one.
GETTY IMAGES

The deep space whirl



MARTIN PUGH

Astrophotography

Stunning star snap taken by amateur

Australia-based Martin Pugh has been named the Royal Observatory's Astronomy Photographer of the Year.

Pugh's image of the Whirlpool Galaxy (also known as M51), which also won the Deep Space category, was taken using a 43-centimetre-diameter PlaneWave telescope at an observatory in California's Sierra Nevada Mountains. METRO

Galaxy in numbers

37,000,000

light years is how far the Whirlpool Galaxy is from Earth. Pugh acquired his winning photo following a total exposure time of 28 hours.

Q & A

Better than Hubble

Marek, you were one of the competition's judges. What's so special about this image?

The technical skill in capturing the detail, the image's beautifully framed composition, and the sense of the infinite universe. The photographer has made the most of exceptionally good atmospheric conditions to capture an astonishing range of detail in his image of this iconic galaxy: The beautiful spiral structure, dark lanes of dust, and the way the pink clouds of hydrogen really stand out. Here, you can see the small companion galaxy being gradually torn apart by the gravity of its giant neighbour. It's a remarkable achievement by an amateur astronomer. In many ways, it's better than an image by the Hubble Telescope.

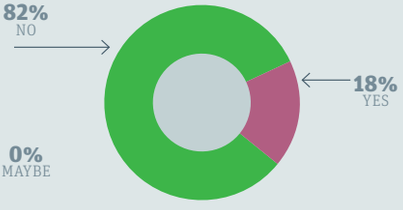
This image is perhaps not the most eye-catching, but because of the amount of fine detail, it's a winner.

MAREK KUKULA
Royal Observatory Public Astronomer

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Will you be lining up for the iPhone 5?



Twitter

@muxwhoa: Gah, I'd love to live in Saskatoon right now. Meadow makes me sad.

@allieramsay: We need to have another rowdy night in Saskatoon minus the lost iPhone and $250 bar tab.

@shooterbot: Saskatoon Library union head speaking to information picket: "We are getting 50 Shades of Nay." #welldone

@kabob: So I used to work with one of the candidates for mayor in #yxe. It is going to be hilarious watching him

@alexcboian: What's the point of the Sask!Connected wifi if it never works? #yxe #wifiproblems

@brandandy: Hey Ladies on 20th St...put some clothes on !!! Its cold out. #yxe

metro

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SCENE 2

The Steadies will play a benefit concert at The Odeon Sept. 22 in support of flood relief in The Philippines and Trinidad. HANDOUT

Steady as she goes for band, despite Pereira's move

Whirlwind year. Lead singer relocated from the Paris of the Prairies to T.O., but band is going stronger than ever

BACKSTAGE PASS
Simon Hiatt
saskatoon@metronews.ca

In what has been an incredible year of change, the Steadies are doing their best to live up to their name.

Lead singer Earl Pereira recently left his hometown of Saskatoon for the bright lights of Toronto as his wife accepted an internship at Elle Magazine. He believes the move will also have a significant impact on his own career.

"I can do my work anywhere, I was just hoping that if we left Saskatoon we wouldn't go anywhere smaller," Pereira said. "I've grown to really enjoy the things that Toronto can bring."

In a telephone interview, Pereira stressed that despite the geographical differences, the Steadies are stronger than ever. Their single See You When I Go has received significant radio play in Canada, cracking the top 50.

Pereira attributes the success to another big change as the band switched names last year, leaving their original moniker, Mobadass, behind.

"I just don't think we were being taken very seriously, a lot of people in the industry scoffed at the name, mainly because it wasn't meant to be a serious band. It was a side project."

The Steadies became Pereira's full-time job when he left his previous band, Wide Mouth Mason.

While he has mixed feelings about splitting with his former bandmates Shaun Verreault and Safwan Javed, he learned a lot about the music industry during his time with Wide Mouth.

That information has come in handy as he is now part of another band on the rise.

"That sped things up for us a lot; we can avoid some of the mistakes that were made in the past. The industry's changed a lot, but there are always some key things that will apply."

Only time will tell if that knowledge helps The Steadies reach the same level of success as his previous band, Wide Mouth Mason, who received two gold records and three Juno nominations. But Pereira says he hopes the bands will have at least one thing in common: A social conscience.

To that end The Steadies will be performing a benefit concert this Saturday, with ticket proceeds going to Red Cross flooding relief efforts in The Philippines and Trinidad, the home countries of Pereira and guitarist Justin Lee respectively.

"We wanted to play in Saskatoon sometime in the fall, but I didn't want it to be just a show. It means a lot more to everyone else and ourselves if we can do something good."

Filipino performances

The Steadies benefit concert at The Odeon on Saturday night will also feature cultural performances from The Philippines. Ninety-two people were killed during flooding caused by monsoon season last month and the situation has gotten worse with the recent arrival of typhoon Sanba. Flood waters in the capital city of Manila have reached as high as two metres.

On the web

R. Kelly makes Soul Train history as most nominated act ever, Usher leads with 5 nods

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Shocker: Lohan arrested again

THE WORD
Dorothy Robinson
scene@metronews.ca

Lindsay Lohan was arrested again — I could type that phrase with my eyes closed at this point — in New York City on Monday night.

Lohan was at the wheel when her Porsche pulled up to the Dream Hotel in the Meatpacking District around 12:30 a.m., hitting an unidentified man in the knee.

Reportedly "unaware" of the accident, Lohan and her crew went into the hotel before authorities could arrive.

She was arrested upon leaving about a half-hour later and released without bail since the charge is only a misdemeanor.

The man checked into a nearby hospital, but there were no visible injuries, according to sources.

Per TMZ, Lohan is saying the accident is "really fishy" because the man didn't appear to have any visible injuries and feels she's the victim of a set up.

And surveillance video supports that — it apparently shows her accuser was exaggerating.

Conspiracy or no, this brings up a few questions:

1. Why is Lindsay Lohan driving in New York City?

If I can afford to take a cab, she can afford to take a cab.

2. How much is her car insurance? It must be more than my take-home salary at this point.

3. Who is her current lawyer? He's the hardest working man in show business (besides Kirstie Alley's tailor) and yet no one knows his name.

Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

Angelina Jolie makes her brother a maid of honour

While the date of Angelina Jolie and Brad Pitt's wedding may still be a mystery, some of the other details are coming together — like who will be by the bride's side through the ceremony.

Jolie has reportedly enlisted her brother, James Haven, to serve as her maid of honour — of sorts — for the big day, according to Heat.

"James was thrilled to accept his little sister's offer. Angie has always related to men better than women," the source says. "As well as growing up with James, she bonded more with the jocks than the cheerleaders."

Gwyneth Paltrow.

Paltrow lets her kids only watch cartoons in foreign languages

Gwyneth Paltrow isn't above letting her two children — 8-year-old daughter Apple and 6-year-old son Moses, watch a little TV, but she has some conditions.

"I only let them watch TV in French of Spanish," Paltrow tells InStyle magazine. "When I'm in France, I go to (Boulevard) Beaumarchais and buy all their cartoons."

Madonna continues to offer awkward apologies

It looks like Madonna is looking to bury the hatchet with Lady Gaga like she did with Elton John, dedicating her song Masterpiece to the younger singer at a recent concert in Atlantic City, according to Us Weekly.

"You want to know something? I love her," Madonna told the crowd. "I do love her. Imitation is the highest form of flattery."

She even teased an impending team-up.

Madonna.

Twitter

@ElizabethBanks
Catching up with news and my take-away is this: Kate Middleton is even more flawless than previously assumed. #RoyalAbs

@ZooeyDexchanel
I just want to wear sweaters and coats but the universe isn't playing along.

@EllenPage
Dear America, I've a very important question. Why are chickpeas called garbanzo beans here? Thanks

@SarahKSilverman
A bull in pretty much any shop is gonna be a mess

"Do you know who I am?" Apparently not, Sofia

Sofia Vergara didn't have as nice of a night out in Hollywood recently as she'd been expecting. The Modern Family star hit the Parlor to meet up with a group of friends but was denied access as the bar was at capacity, according to Hollyscoop.

According to onlookers, Vergara blew up at the bouncer, shouting, "Do you know who I am?"

A friend who was already inside came out to see what was going on and joined in yelling at the bouncer before Vergara stormed off. She later took a moment to blast the venue on Twitter, posting that it is the "worst sports bar in LA!"

Sofia Vergara

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CIBC Run for the Cure†

Sunday, September 30, 2012
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LIFE 3

London calling!

From neutrals to bold colours, from the masculine to the feminine, from the '50s to the future and back again: London Fashion Week's lady is one of contrasts and undeniable cool.

RICHARD PECKETT
life@metronews.ca

Vivienne Westwood

Vivienne Westwood's show consisted of '50s-inspired lady-like pieces: cocktail dresses, jacquard skirt-suits, fitted frocks and flared skirts, headscarves and twin-sets with painted faces in yellow, green, pink and blue make-up. Seemingly pared-down for Westwood but then there was a live performance by Rooster with singer Sara Stockbridge to ramp up the anti-establishment punk vibe.

Paul Smith

Of course, Paul Smith, best known for his classic tailoring, couldn't go so far as to omit his signature pieces from his latest outing — but he did introduce a few fresh ideas. Color-blocking ran through the collection from airy, pleated skirts slit high to mid-thigh, billowing-dresses and shirts, to pajama-esque pants. New ideas aside, it was the high-waisted, mannish-style cropped trousers that proved to be the biggest success, while the striped stirrup pants and tightly cut jackets read a touch awkward.

Issa

Designer Daniella Helayel was obviously feeling hot, hot, hot on the run-up to her latest outing. Vibrant, popping colours (hot pink, orange, reds and yellows) welcomed the dawn of a '70s tropical Garden of Eden, complete with orchid-styled hairdos. Billowing caftans, tiered full-length smocks, kimonos and maxi cuts all made their way down the runway. That said, it was the halterneck jumpsuits that were the racier and more daring standouts in this collection.

Sass & Bide

Sass & Bide's Sarah-Jane Clarke and Heidi Middleton toyed with the idea of masculinity and femininity. That trope surfaced as white and black, silk versus embellishment and the reinterpretation of the tuxedo. Dresses came with structured origami pleats, sometimes edged with embellishment or featuring the camellia flower — a symbol of perfection. There were shots of hot colour too, with the introduction of fluoro orange shells and silver paillettes,

Nicole Farhi

Nicole Farhi bid farewell (kind of) to her label with a perfectly sculpted and cerebral collection. Next season sees the inception of Joanna Sykes at the creative helm, although Farhi will still be involved with the label in some capacity. The 66-year-old was inspired by the way in Carrara, Italy, changing light levels cast shadows across the marble mountains there. Her passion for artisan sculpture, fabrics and silhouettes was clear from the complex pleats that represented the shadows on her neutral colour collection.

On the web

Kate Moss, Lana Del Rey at British brand Mulberry's '70s-inspired fashion show

Little ones in leather

Baby bomber. Rudsak Kids collection set to be made available in stores and online by the end of September

After years of crafting apparel and accessories for adults, Rudsak is targeting the younger crowd with the launch of its latest line.

The homegrown leather goods brand is creating smaller-sized versions of its Canadian outerwear collection specifically for children.

The kids' jackets will feature similar style elements to the label's fall-winter line for adults, a range first unveiled on the runway earlier this year.

The children's collection will launch three styles: two named Lola and Lili designed for girls, with a third, Lulu, which will be unisex.

Styles set to be featured include oversized fur-trimmed hoods, a down-filled pongee coat, a puffer jacket with lamb leather sleeves and a bomber-style puffer jacket with leather sleeves retailing for $295.

Rudsak founder and creative leader Evik Asatoorian said the kids' line was the "next obvious step" for the brand, which launched in 1994, and he pointed to his own two boys as inspiration.

THE CANADIAN PRESS

Click your way to cool

Canadian label Moon launches e-commerce site

Canadian fashion label Moon has made a fresh landing online.

After a two-year exclusive collaboration with the Bay, the affordable homegrown brand has dedicated virtual boutique to showcase and sell apparel and accessories. The e-commerce site moonapparel.ca opened for business Sept. 15.

Moon's fall-winter collection for women features a colour palette of warm seasonal jewel tones against a backdrop of neutrals, colour blocking fashion and textured knits, while the holiday offerings aim to channel influence from '20s and '30s-era fashions.

The label has ties to Canadian fashion legend Alfred Sung.

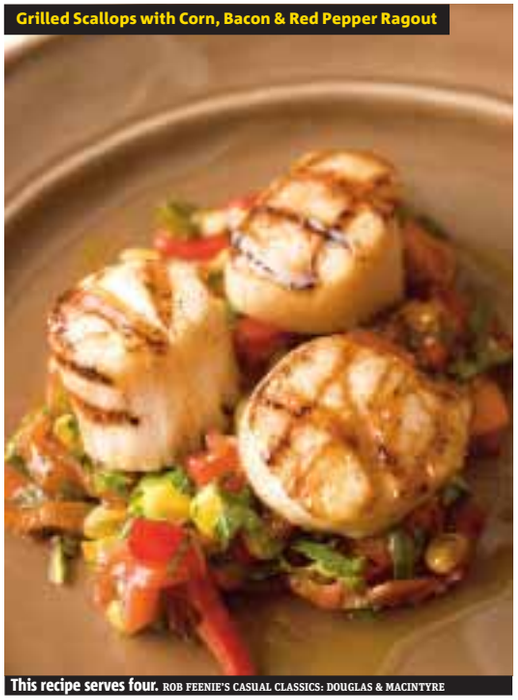
Moon was the name of the Toronto boutique opened in the 1970s by the designer, and is also part of Sung's name.

Sung is a business partner and chief designer at Mimran Group Inc.

THE CANADIAN PRESS

Hot, salty ragout complements flavours of scallops, other seafood

Grilled Scallops with Corn, Bacon & Red Pepper Ragout



This recipe serves four. ROB FEENIE'S CASUAL CLASSICS: DOUGLAS & MACINTYRE

Rob Feenie first wowed diners with his innovative tasting menus at the inventive Lumiere restaurant in Vancouver. Today, he creates delicious family-style recipes for Cactus Club restaurants with thousands of people of all ages enjoying his signature dishes.

But before he became Canada's first Iron Chef America champion, Feenie paid his culinary dues with stints at Alsace with Chef Emile Jung at Au Crocodile and Antoine Westermann at Buerehiesel, both Michelin three-star-rated restaurants, in Chicago with Charlie Trotter and in New York with Daniel Boulud and Jean-Georges Vongerichten.

Among the recipes in the chef's book Rob Feenie's Casuals Classics is this scallop dish.

"This dish makes an excellent starter for a meal or a nice lunch when served with a simple green salad," Feenie writes in the book. "I use Qualicum Bay scallops and peaches-and-cream corn, both of which are local products, but you can substitute other varieties of either.

"The hot and salty ragout is an especially good combination with scallops, but it's also delicious with baked halibut or grilled steelhead salmon."

Ingredients

- 1 tbsp soy sauce
- 1 tbsp rice vinegar
- 1 tbsp fresh lemon juice
- 2 slices smoked bacon, in 1/4-inch dice
- 1/2 cup diced red onions
- 1 cup corn kernels, cut off the cob
- 1/2 red bell pepper, in 1/4 inch dice (about 1/2 cup)
- 1 Thai chili, seeded and finely minced
- Juice of 1 lime (about 1 tbsp)
- 1 tbsp unsalted butter
- 12 large scallops (muscles removed from sides if present)
- 1 tsp extra-virgin olive oil
- 1 tbsp finely chopped cilantro

1. In a small bowl, combine soy sauce, rice vinegar and lemon juice. Set aside.

2. Heat a large frying pan on medium. Add the bacon and cook for 2 to 3 minutes, stirring, until crisp. Stir in onions, corn, bell peppers and chili and sauté for 2 minutes, then add lime juice and butter.

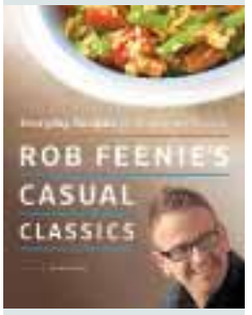
3. Season with salt and pepper, reduce the heat to low and simmer while scallops are cooking. (Or refrigerate the ragout in an airtight container for up to two days.)

4. Preheat a stovetop grill or a barbecue to medium-high. Warm a plate in the oven at 200 F. Pat scallops dry with paper towels and season with salt, pepper and a dash of olive oil. Grill scallops for 2 minutes, turn over and grill for another 1 minute. Transfer to the warm plate.

5. Divide the ragout evenly among 4 plates and top each serving with 3 scallops. Spoon about 2 tsp of the soy dressing over each plate and garnish with cilantro. Serve. **FROM ROB FEENIE'S CASUAL CLASSICS BY ROB FEENIE (DOUGLAS & MACINTYRE)**

Cookbook of the Week

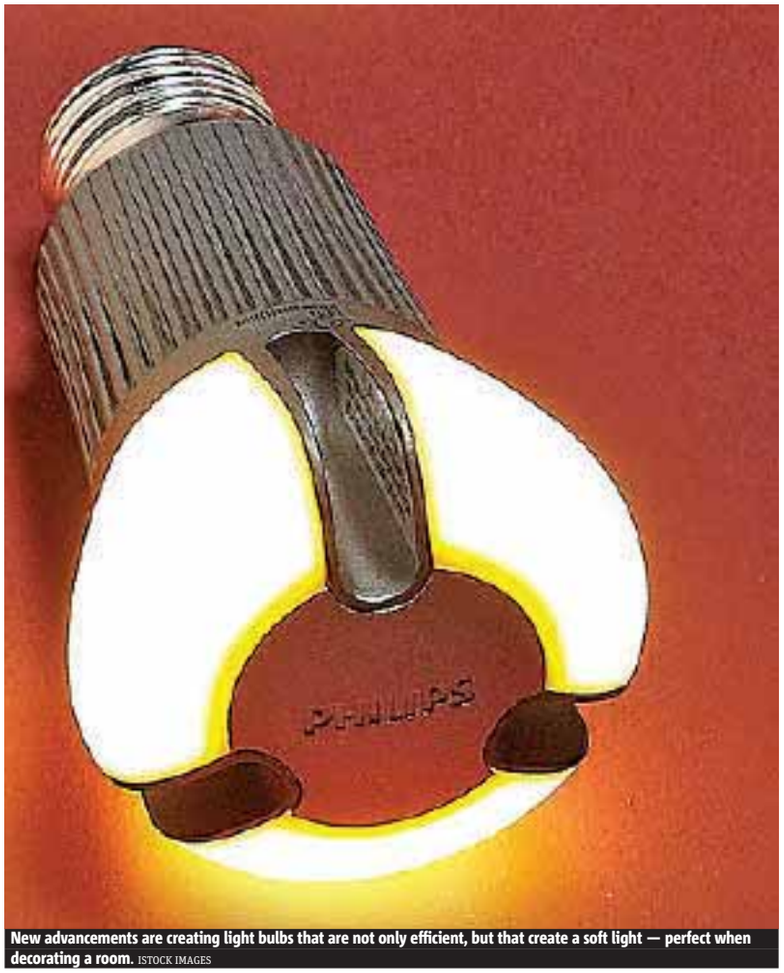
Simple yet special



Rob Feenie, the longtime leader in the casual fine dining movement, reveals his favourite recipes in Rob Feenie's Casual Classics: Everyday Recipes For Family and Friends.

The book brings together the best innovative and approachable meals.

From such fundamental recipes as Roasted Tomato Sauce and Juicy Poached Chicken to globally inspired dishes like Barbecued Duck Spring Rolls, Quinoa Jambalaya and Braised Osso Buco, these are real-life modern classics that are adaptable to budgets, dietary restrictions and busy schedules. **METRO**



New advancements are creating light bulbs that are not only efficient, but that create a soft light — perfect when decorating a room. ISTOCK IMAGES

Good lighting is a decorators best friend

Design Centre. It's time to warm up to the new LED light bulbs

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Every great decorator will tell you that lighting is one of the most important elements to having a beautiful room.

Without a true soft light, the finest furnishings and fabrics can look all wrong.

The past few years have been difficult for decorating enthusiasts as more and more provinces are regulating to phase out the soft light from the old incandescent bulbs.

British Columbia and Nova Scotia are two provinces leading the way to phase them out and introduce more efficient options. As time goes on, more and more regulations will be put in place to introduce a more efficient, safer bulb to use.

I've always been reluctant to use the new style of LED lighting when decorating as I thought the light would be too harsh, bright and cool in colour.

New advancements are creating bulbs that are not only efficient, but that create a soft light; similar to what we've always been used to.

The Philips Ambient LED Bulbs offer up a soft white light similar to the light you get with the old incandescent bulbs, last more than 20 times longer and use only about 20 per cent of the energy of a regular incandescent bulb.

The new LED bulbs fit the regular socket styles for fixtures and the good news is that it can be dimmed; allowing homeowners to use their existing light fixtures, create a designer look and ambience in a room.

When I heard of this new technology I quickly went out and purchased some of the bulbs.

They were not an inexpensive investment (the new bulbs range from $18-38 each) but considering the energy they will save over time and the fact that I won't have to get back on the ladder to change the bulb for another 20 years made me a very happy decorator.

LED bulbs facts

- LED bulbs can save more than 80 per cent energy.
- An LED bulb lasts over 20 years, outlasting about 20 of the old style bulbs.
- The Philips Ambient LED Bulbs can be dimmed to create many ambient looks in a room.
- You don't need to change your regular socket-style light fixtures to accommodate the new LED bulbs.

SPORTS 4

Saskatoon Blades forward Josh Nicholls tries a wraparound on Regina Pats netminder Matt Hewitt during a game at Credit Union Centre last October.
STEVE HISCOCK/CONTRIBUTED

WHL ready to fill NHL-lockout void

Starting again. Blades alone enjoyed 30 per cent attendance increase during 2004-05 work stoppage

With no NHL hockey, at least for now, the Western Hockey League could be heading for a brisk year at the box office.

It's already flexing on-ice muscle with the major impact its players are having on Canada's junior teams and in the NHL draft.

"Obviously, we all hope the NHL is back playing as quickly as possible, it's important for the game," said WHL commissioner Ron Robison.

"Right now, we don't see a real significant impact to start the season but, should this be an extended lockout, then perhaps as the season progresses we'll see more coverage and more attendance."

In the last full-season lockout in 2004-05, the Saskatoon Blades say they saw an increase of as much as 30 per cent in attendance. That would be especially welcome for some smaller cash-strapped franchises.

Just like the NHL, the WHL has issues with some of its smaller markets, admits Robison, but he believes the model is working for the most part.

"We always have the challenge of the smaller markets competing with larger markets in our league and ensuring that we have a business model we can live with," he said.

The regular 2012-13 WHL season starts Thursday, with the Kootenay Ice visiting the Edmonton Oil Kings.

Still loaded with future NHL talent (eight draft picks), last year's WHL champion Oil Kings look like the team to beat again this season for the Ed Chynoweth Cup.

But coach Derek Laxdal isn't looking that far ahead.

"We've got five or six new players on our lineup this year and, like any team, you're going to pick up injuries and you've got to go through the course of the season, so your journey's going to be a lot different than it was last year," he said.

He's still pretty happy with what he sees coming out of the pre-season.

"We feel that where we are right now, at this part of the season, we're stronger than we were last year."
THE CANADIAN PRESS

Quoted

"Given our success in other NHL centres in Western Canada ... should we have relocation in the future, Winnipeg would be a top priority."

WHL commissioner Ron Robison. While it has no plans to expand, the WHL still has markets like Winnipeg and Nanaimo, B.C., on its radar if it has to relocate franchises.

Memorial Cup hosts

Blades open season with cup in mind

The Saskatoon Blades play the Raiders in Prince Albert on Friday in one of eight games that night as the season gets rolling in earnest.

"We made a trade earlier in the summer, bringing in three experienced players in Shane McColgan (and) Jesse Astles from Kelowna and Brenden Walker from Brandon," said Blades coach and GM Lorne Molleken.

"With the addition of McColgan and Walker — their point total last year was in the 160-point range combined — we're adding that number to our roster this year.

"We're hoping that our younger players will take the step that's needed and make this team very competitive and a team that has a chance to win the WHL championship, in preparation for the Memorial Cup."
THE CANADIAN PRESS

Mobile sports

Cricket

The road to the 2013 World Baseball Classic starts this week and it will be anything but easy for Canada. A 16-team qualifying round for the event begins with the top squad from each four-team pool locking up a spot in next year's Classic.

CFL

Chamblin says Durant should be back vs. Stamps

The Riders began their preparation for the Calgary Stampeders yesterday at Mosaic Stadium.

Darian Durant was still not practising at full speed, but coach Corey Chamblin was optimistic the quarterback would recover soon.

"I don't want to put a percentage on it, but I am very confident that he will play this week," said Chamblin.

Coach Chamblin also promised fans that Stamps running back Jon Cornish wouldn't be as free to run the ball on Sunday as he was in the teams' last matchup.

"I am going to put a guarantee in the paper and say John Cornish better not get over a hundred yards rushing, if he does someone wont be on that field come next week."

The Roughriders kick off against Calgary at 2 p.m. on Sunday at Mosaic Stadium.
JEFF MACKEY/METRO

Riders coach Corey Chamblin expects Darian Durant to start this week. THE CANADIAN PRESS FILE

Discipline

OHL adds further fight deterrent

The Ontario Hockey League is getting tough with serial fighters.

Saying the goal is to rid the league of "one-dimensional players," commissioner David Branch said those who are involved in more than 10 fights this season will be suspended for two games each time.

After a 16th fight, the player will be hit with a two-game suspension and his team fined $1,000 for each additional fighting major he receives.

"We see this as part of the evolution of addressing needless fighting in our game," Branch said in a conference call on the eve of the Thursday's OHL openers. TORSTAR NEWS SERVICE

Horoscopes

♈ Aries
March 21 - April 20
The Sun's entry into your opposite sign of Libra on Saturday will bring partnership problems to the forefront and this time you must not run away from them. Power struggles are likely but you were born a winner — so win.

♉ Taurus
April 21 - May 21
Travel plans and social activities will be disrupted over the next 24 hours, and most likely it is you who will be doing the disrupting. It's OK to have second thoughts. It's OK to change your mind.

♊ Gemini
May 22 - June 21
One of the best times of the year begins this weekend when the Sun moves into the area of your chart that governs romance and creativity. Today, do only what feels right to you. It's OK to be selfish.

♋ Cancer
June 22 - July 23
There is a danger today that you will come on too strong and provoke some kind of backlash. Maybe that is the price you have to pay for being honest about what you believe. The truth must not be denied.

♌ Leo
July 24 - Aug. 23
If you are wasting your money on things you don't need, there is still time to cut them out of your life, but you have got to be quick. Very soon, the matter will be taken out of your hands. Act now.

♍ Virgo
Aug. 24 - Sept. 23
Although the Sun leaves your sign this weekend, that's not an invitation to slow down. Other influences indicate that your momentum will keep you going at breakneck speed for some time to come. Enjoy.

♎ Libra
Sept. 24 - Oct. 23
The Sun is moving closer to your birth sign and already you can feel the positive effects. For best results though you should focus your aim and concentrate on those two or three things that mean the most to you.

♏ Scorpio
Oct. 24 - Nov. 22
Today's cosmic picture warns in no uncertain terms that if you lose your temper, for even a moment, it will be you who loses out in the long-term. Take nothing too seriously and find ways to relax.

♐ Sagittarius
Nov. 23 - Dec. 21
One of the best times of the year for friendships begins very soon, so strive to be open to everyone you meet. This is also a good time to get more personally involved in some kind of social movement.

♑ Capricorn
Dec. 22 - Jan. 20
You have accomplished a lot and have a right to feel pleased with yourself but don't take it easy because there is still more to be done. You were born to be a winner, so get out there and compete.

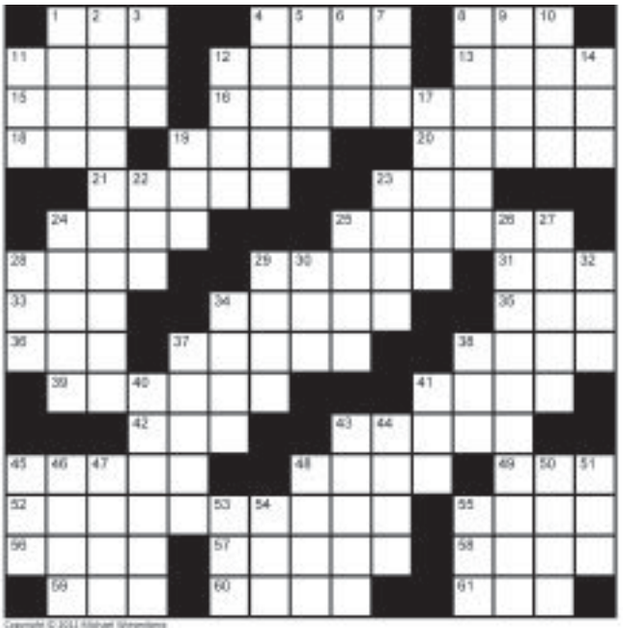
♒ Aquarius
Jan. 21 - Feb. 19
You may be tempted to do something out of the ordinary today but if you are smart, you will wait for the Sun to move in your favour during the weekend. Good times are coming sooner than you think.

♓ Pisces
Feb. 20 - March 20
What seems so confusing now will seem simple a few days. However, today's influences will bring out your passion for something, or someone, to a degree that could cause problems, so think before you act.

SALLY BROMPTON

Crossword: A Cold Measure and a Hot Band

BY MICHAEL WIESENBERG



Across
1. Island: Fr.
4. Certain hockey shot
8. Affectionate touch
11. Campus Greek house, briefly
12. Circle, square, or triangle, e.g.
13. "Are you ___ out?": query to a hesitant poker player (2 wds.)
15. Acorn-dropping trees
16. Snowfall measure
18. "This is dedicated to the ___ I love"
19. Commanded, old-style
20. Sandwich cookies
21. They play their home games at BC Place Stadium in downtown Vancouver
23. Cowardly person
24. Fly by oneself
25. Surprisingly [or not more (than)] (2 wds.)
28. Greek crosses
29. Elliott of *Ocean's 11, 12, 13*
31. Bill's "excellent adventure" partner
33. "___ Could Turn Back Time": 1989 Cher hit (2 wds.)
34. 1,000 kg
35. Small battery
36. "___ amis": start of a French speech
37. Dummies or spinning toys
38. TV award
39. Saskatchewan capital
41. Salesmen, for short
42. Bruce of karate fame
43. ___ Leaf
45. Sales talk
48. ___ Pilot: PDA
49. Father
52. Montréal-based 2011 Juno Album of the Year winning group (2 wds)
55. Cold cut cutting locale
56. MTV viewer
57. Where to bowl
58. One of the Great Lakes
59. '01, '02, etc.: abbr.
60. "Beware the ___ of March": Julius Caesar
61. Winter time in Manitoba: initialism

Down
1. Persia, now
2. Banff National Park's best known tourist destination (2 wds.)
3. Some Spielberg visitors
4. Moults
5. Reporter Lois of the *Daily Planet*
6. Likely
7. Maritime Province: initialism
8. PM Trudeau
9. Early poker pot maker
10. Matador's opponent
11. Egg ___ young
12. Photocopy
14. Legal matter
17. Back-of-the-fridge problem
19. Ghostly greeting
22. They: Fr.
23. "Merry old" king of rhyme
24. Toronto-born *60 Minutes* regular Morley
25. *Sister Act* extras
26. Calgary team
27. Britches stitches
28. ___ Horton's
29. "The Naked Maja" painter
30. Yoko ___ Lennon
32. 24 hours
34. Vocal sound
37. Give up
38. Serpentine seafood
40. Gathers bit by bit
41. Engine speed
43. Female horses
44. Bar servings
45. Posed
46. Carnivore's quarry
47. "Happy birthday" writer or NHL player at times
48. Scent for a car freshener
50. Got off
51. Expire
53. He's coming in a Three Dog Night song
54. Pet rocks, once
55. Xmas mo.

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

1			2		8			
8	2						7	4
	5			1		2		
	3		4	8				6
		4				3		
5				3	9		2	
		3		9			4	
9	6						1	7
			1		7			9

Yesterday's Sudoku

9	1	6	4	3	7	2	8	5
3	4	8	2	5	6	7	9	1
2	7	5	8	9	1	4	6	3
8	6	3	5	4	2	1	7	9
7	9	1	3	6	8	5	2	4
4	5	2	1	7	9	8	3	6
6	2	4	9	8	5	3	1	7
1	3	7	6	2	4	9	5	8
5	8	9	7	1	3	6	4	2

Sharability

There are better ways to make your voice heard
What's the point of making a statement, giving a speech or even talking if no one is listening?
Join the METROPOLITAN PANEL and have your voice heard by the readership of the world's largest newspaper.
Metropolitan Panel is an online research panel dedicated to dialogue with you! When you participate, your voice joins thousands of others in 14 countries. Sign up for the panel at **metropolitanpanel.ca,** choose your country and join the global conversation!
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